# **June 2024 Fleet & Family Support Center Programs**

245 Moreell Ave, Facility 30, 0700-1630 Mon-Thurs, 0700-1530 Fri. (228) 871-3000 or cnic\_se\_glfp\_ffsc\_support@us.navy.mil

	Monday	Tuesday	Wednesday	Thursday	Friday
3	Transition Assistance Program Day 1 0800-1530	4 TAP Day 2 0800-1530 The Feet & Family Support Center	5 TAP Day 3 0800-1530 Did you know? You can make an appointment for hurricane preparedness info	6 Managing Anger & Stress Thursdays 1000-1200 DOL Employment Day 1 0800-1530 My Education Day 1 0800-1530	7 DOL Employment Day 2 0800-1530 My Education Day 2 0800-1530
10	CAPSTONE 0900-1100 Emergency Prep 101 1530-1600	11 Job Strategies & Career Exploration 1500-1600 Toddler Tuesday 1630-1730	12 Latchkey Kid Class (Ages 10-11) 0900-1100 Babysitting Class (Ages 11 & Up) 0900-1300	13 EFMP 101 1000-1200 Moving Overseas 1400-1530	14 Civilian & Federal Resume Writing 0800-1200
17 Pre	Crafting a Life I Desire In Spite Of 1130-1230 Hurricane Season eparedness: Steps 1, 2, & 3 1630-1730	18 Baby Boot Camp 1300-1500 Military Spouse Tuesday 1700-1800	19 Juneteenth National Holiday	20 The Expecting Father 1300-1500  EFMP Gathering & Craft Night 1700-1900	21 NMCRS Budget for Baby! Call Navy Relief (228) 871-2610
24	Command Financial Specialist Training Day 1 of 5 0800-1530	CFS Day 2 0800-1530  Scan for FFSC on Facebook	26 CFS Day 3 0800-1530 Domestic Violence 101 1300-1400 Parenting Strategies that Work 1400-1500	27 CFS Day 4 0800-1530 Off to College 1800-2000	28 CFS Day 5 0800-1530

June 1: Hurricane Season Begins ~ June 6: D-Day ~ June 14: Flag Day & the U.S Army's Birthday June 16: Father's Day ~ June 19: Juneteenth Federal Holiday ~ June 20: 1st Day of Summer

# **Class Descriptions:**

Please pre-register for classes so we can keep you informed about any schedule changes!

Call (228) 871-3000 or email us:

cnic se glfp ffsc support@us.navy.mil



#### Baby Boot Camp, Tues, 18 June, 1300-1500

—For individuals or couples; ideal for the expecting parent(s); info about Keesler AFB Labor and Delivery; how to care for a newborn.

## Babysitting Class for Youth Ages 11 and Up, Wed, 12 June, 0900-1300

—Learn the basics of safe babysitting!

#### CAPSTONE, Mon, 10 June, 0900-1100

—Transitioning service members get required paperwork signed off

#### Civilian & Federal Resume Writing Workshop, Fri, 14 June, 0800-1200

—Create a winning resume that accurately reflects the value you bring to a potential employer.

### Crafting a Life I Desire In Spite Of. . ., Mon, 17 June, 1130-1230

—Identify what's getting in the way of your best life in this season & problem-solve for improvement.

### Command Financial Specialist Training, 24-28 June, 0800-1530

 Command-nominated service members will learn to provide financial counseling for command members.

### Domestic Violence GMT, Wed, 26 June, 1300-1400

—What domestic violence is; myths and facts; resources for help; open to everyone.

### **EFMP 101,** Thurs, 13 June, 1000-1200

—Ask your questions and get answers!

### EFMP Gathering & Craft Night, Thurs, 20 June, 1700-1900

—Join us for a time of fellowship and sharing of ideas.

### Emergency Prep 101, Mon, 10 June, 1530-1600

—An all-hazard approach to emergency prep.

### Hurricane Season Preparedness: Steps 1, 2, & 3, Mon, 17 June, 1630-1730

—Be ready before, during, and after!

### Job Strategies & Career Exploration, Tues, 11 June, 1500-1600

—The first steps to a career path suited to you.

### Latchkey Kid Class (Ages 10-11), Wed, 12 June, 0900-1100

—How to stay "home alone" for brief periods while being safe.

#### Managing Anger and Stress, Every Thurs in June, 1000-1200

—Extensively covers sources, causes, & reactions to anger.

### Military Spouse Tuesday, Tues, 18 June, 1700-1800

—Join us for conversation and information about education and job search programs.

#### Moving Overseas, Thurs, 13 June, 1400-1530

—Answers your questions about overseas moves.

# NMCRS Budget for Baby, Fri, 21 June; Call Navy-Marine Corps Relief Socie-

ty at 228-871-2610 to obtain class time and sign up.

—How to adjust your budget; expenses associated with the new baby; receive a gift for attending class.

### Off to College, Thurs, 27 June, 1800-2000.

—For first-time college students; parents are invited too.

### Parenting Strategies that Work, Wed, 26 June, 1400-1500

—Select the best ways to prevent & respond to challenges.

### The Expecting Father, Thurs, 20 June, 1300-1500

—How to support your pregnant partner through communication; and understanding the stages of pregnancy.

### Toddler Tuesday, Thurs, 11 June, 1630-1730

—Join with other parents of toddlers to play with your little one and discuss parenting ideas in a relaxed setting.

## Transition Assistance Program (TAP), 3-5 June, 0800-1530

—Educates eligible service members about transitioning from active duty to civilian life.

### TAP My Education Track Workshop, 6-7 June, 0800-1530

—Two-day class prepares transitioning service members and other attendees for higher education; explains options for funding.

### TAP DOL Employment Workshop, 6-7 June, o8oo-1530

—Two-day class explores career options & how to select and apply for jobs.